



EASTERN REGION JUNIOR SOCCER ASSOCIATION
(ERJSA)

Player Equipment

January 2025

Eastern Region Junior Soccer Association (ERJSA)

Player Equipment

Safety

A player must not use equipment or wear anything that is dangerous.

All items of jewellery (necklaces, rings, bracelets, earrings, leather bands, rubber bands, etc.) are forbidden and must be removed. Using tape to cover jewellery is not permitted.

The players must be inspected before the start of the match and substitutes before they enter the field of play. If a player is wearing or using unauthorised/dangerous equipment or jewellery the referee must order the player to:

- remove the item
- leave the field of play at the next stoppage if the player is unable or unwilling to comply
- a player who refuses to comply or wears the item again must be cautioned

Compulsory equipment

The compulsory equipment of a player comprises the following separate items:

- a shirt with sleeves
- shorts
- socks
- shinguards – these must be made of a suitable material and be of an appropriate size to provide reasonable protection and be covered by the socks. Players are responsible for the size and suitability of their shinguards.
- footwear

A player whose footwear or shinguard is lost accidentally must replace it as soon as possible and no later than when the ball next goes out of play; if before doing so the player plays the ball and/or scores a goal, the goal is awarded.

Colours

The two teams must wear colours that distinguish them from each other and the match officials.

Each goalkeeper must wear colours that are distinguishable from the other players and the match officials.

If the two goalkeepers' shirts are the same colour and neither has another shirt, the referee allows the match to be played.

Other equipment

Non-dangerous protective equipment, for example gloves, headgear, facemasks and knee and arm protectors made of soft, lightweight padded material are permitted as are goalkeepers' caps and sports spectacles. Goalkeepers may wear tracksuit bottoms and where conditions are very cold, our young players may also wear other warm clothing that does not restrict movement or could cause harm.

Head Covers

Where head covers (excluding goalkeepers' caps) are worn, they must:

- not be attached to the shirt
- not be dangerous to the player wearing it or any other player (e.g. opening/closing mechanism around neck)
- not have any part(s) extending out from the surface (protruding elements)

Slogans, statements, images and advertising

Equipment must not have any political, religious or personal slogans, statements or images. Players must not reveal undergarments that show political, religious, personal slogans, statements or images, or advertising other than the manufacturer's logo. For any offence the player and/or the team will be sanctioned by the competition organiser, national football association or by FIFA.